

Regular	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs <i>Apple Cinnamon Muffin</i>	French Toast <i>Bacon</i>	Scrambled Eggs <i>Ginger Pear Coffee Cake</i>	Scrambled Eggs <i>w/Cheese Biscuit</i>	Buttermilk Pancakes <i>Sausage Patty</i>	Western Scrambled Eggs <i>Toast</i>	Scrambled Eggs <i>Breakfast Ham English Muffin</i>	Scrambled Eggs <i>Breakfast Ham English Muffin</i>
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Country Fried Steak <i>w/Mushroom Gravy</i> Honey Roasted Carrots Mashed Potatoes Cornbread Honey Glazed Pears Garlic Baked Pork Chop Seasoned Beets Buttered Noodles	Kielbasa Sausage <i>Capri Vegetable Blend</i> Brown Sugar Baked Beans Dinner Roll/Bread Fruit Cocktail Carrot Cake w/Cream Cheese Frosting Thin Crust Cheese Pizza Tossed Salad w/Dressing	Baked Macaroni & Cheese <i>Stewed Tomatoes</i> Rosemary Dinner Roll Fruit Cocktail Carrot Cake w/Cream Cheese Frosting Herbed Chicken Breast Country Vegetable Blend Parsley Noodles	Apple Glazed Sliced Ham <i>Sauteed Spinach</i> Candied Sweet Potatoes Dinner Roll/Bread Marble Cake w/White Frosting Thigh Green Beans Mashed Potatoes	Rotisserie Chicken <i>Broccoli Florets</i> Cheesy Mashed Potatoes Dinner Roll/Bread Banana Pudding Glazed Baked Pork Chop Herbed Chicken Breast Country Vegetable Blend Parsley Noodles	Shrimp Alfredo w/ Roasted Green Beans <i>Italian Herbed Dinner Roll</i> Tropical Fruit Salad Smoothered Steak Sliced Carrots Mashed Potatoes	Grilled Turkey & Swiss Cheese Sandwich on Wheat <i>Creamy Cucumber & Onion Salad</i> French Fries Vanilla Ice Cream Meatballs w/Gravy Green Peas Egg Noodles Dinner Roll/Bread	Creamy Cucumber & Onion Salad <i>French Fries</i> Vanilla Ice Cream Meatballs w/Gravy Green Peas Egg Noodles Dinner Roll/Bread
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Smothered Turkey Patty Roasted Brussels Sprouts Sage Bread Dressing Dinner Roll/Bread Cinnamon Brown Sugar Blondie Maple Dijon Chicken Breast Seasoned Green Beans Rice Pilaf	Cornflake Crusted Tilapia Fillet Buttered Green Peas Potato Wedges Dinner Roll/Bread Chilled Peach Parfait Salisbury Steak Whole Kernel Corn (veg) Parsley Rice	Chicken Salad Sandwich <i>Broccoli Salad</i> Potato Chips Hearty Vegetable Soup Chocolate Chip Cookie Hamburger on a Bun Confetti Coleslaw Buttered Noodles	Lasagna w/Meatsauce <i>Balsamic & Parmesan Roasted Cauliflower</i> Garlic Bread Scalloped Apples Chocolate Chip Cookie Lemon Butter Baked Tilapia Fillet Green Peas Oven Browned Potatoes	Sweet & Sour Meatballs <i>Capri Vegetable Blend</i> Steamed Rice Dinner Roll/Bread Mandarin Oranges Mushroom & Cheese Quiche Brussels Sprouts	Savory Pork Roast Harvard Beets <i>Au Gratin Potatoes</i> Dinner Roll/Bread Peanut Butter Brownie Cheese Quesadilla Whole Kernel Corn (veg) Parsley Rice	Cheese Ravioli w/Marinara Sauce <i>Sauteed Spinach w/Garlic</i> Garlic Bread Peach Crisp Breaded Chicken on a Bun Broccoli Florets Potato Wedges	Cheese Ravioli w/Marinara Sauce <i>Sauteed Spinach w/Garlic</i> Garlic Bread Peach Crisp Breaded Chicken on a Bun Broccoli Florets Potato Wedges

Kimberly Hall North (HSG)
Week-At-A-Glance

hcsg2northern2022-23 Week 2

Regular	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Baked Cheese Omelet Toast	Apple Cinnamon French Toast Bacon	Scrambled Eggs w/Cheese Toast	Biscuit Hashbrown	Scrambled Eggs Glazed Cinnamon Roll	Egg & Cheese Bake Toast	Buttermilk Pancakes Breakfast Ham	Buttermilk Pancakes Breakfast Ham
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Rosemary Roast Beef Au Jus	Dijon Pork Loin Capri Vegetable Blend	Chicken Soft Taco w/Flour Tortilla Mexican Corn (veg)	Homestyle Meatloaf w/Ketchup Glaze Seasoned Green Peas	Smothered Chicken Thigh Roasted Brussels Sprouts	Lemon Dill Tilapia Fillet Broccoli Florets	BBQ Pork on a Bun Country Vegetable Blend	BBQ Pork on a Bun Country Vegetable Blend
Sliced Parsley Carrots	Rice Pilaf Dinner Roll/Bread	Green Chili Rice Sliced Pears	Au Gratin Potatoes Dinner Roll/Bread	Roasted Red Skin Potatoes	Roasted Red Skin Potatoes	Baked Beans	Baked Beans
Baked Potato Dinner Roll/Bread	Citrus Glazed Angel Food Cake	Rancher's Pork Chop Sliced Carrots	Cornbread Caramel Apple Upside Down Cake	Dinner Roll/Bread Pineapple Tidbits	Dinner Roll/Bread Pineapple Tidbits	Butterscotch Pudding Parfait	Butterscotch Pudding Parfait
Harvest Baked Apples	Hamburger Steak w/Grilled Onions	Garlic Potato Wedges Dinner Roll/Bread	Pumpkin Cheesecake Bar	Caramel Apple Upside Down Cake	Caramel Apple Upside Down Cake	Vegetable Quiche Tossed Salad w/Dressing	Vegetable Quiche Tossed Salad w/Dressing
Smothered Turkey Patty	Braised Cabbage Oven Browned Potatoes	Lemon Butter Baked Tilapia Fillet Sautéed Spinach Herbed Rice	Rancher's Pork Chop Sliced Carrots	Smothered Steak Whole Kernel Corn (veg)	Smothered Steak Whole Kernel Corn (veg)	Rosemary Chicken Breast Green Peas Seasoned Rice	Rosemary Chicken Breast Green Peas Seasoned Rice
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chicken Tenders Roasted Green Beans	Breaded Fish on a Bun Broccoli Florets	Classic Baked Ziti Parmesan & Herb Roasted Cauliflower	Italian Sausage Sub w/Pepper & Onion Capri Vegetable Blend	Thin Crust Cheese Pizza Garlic Green Beans Dinner Roll/Bread	Chicken Parmesan w/ Tossed Salad w/Dressing	Salisbury Steak Creamed Spinach Mashed Potatoes Dinner Roll/Bread	Salisbury Steak Creamed Spinach Mashed Potatoes Dinner Roll/Bread
Macaroni & Cheese Herbed Dinner Roll	Tater Tots Deluxe Fruit Salad	Italian Herbed Dinner Roll	French Fries Double Chocolate Brownie Tropical Fruit Salad	Garlic Bread Chilled Peaches	Garlic Bread Chilled Peaches	Fruit Cocktail	Fruit Cocktail
Oatmeal Raisin Cookie	Rotisserie Chicken Thigh	Double Chocolate Brownie	Tropical Fruit Salad	Parsley Pork Chop	Parsley Pork Chop	Smothered Turkey Patty	Smothered Turkey Patty
BBQ Pork Chop Whole Kernel Corn (veg) Mashed Potatoes	Green Peas Buttered Noodles	Meatballs w/Gravy Tossed Salad w/Dressing	Roasted Beets Parmesan Noodles	Roasted Beets Parmesan Noodles	Roasted Beets Parmesan Noodles	Winter Vegetable Blend	Winter Vegetable Blend

Kimberly Hall North (HSG)
Week-At-A-Glance

hcsg2northern2022-23 Week 3

Regular	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs Apple Cinnamon Muffin	French Toast Bacon	Scrambled Eggs w/Cheese Biscuit	Western Scrambled Eggs Toast	Buttermilk Pancakes Sausage Patty	Scrambled Eggs English Muffin	Scrambled Eggs Breakfast Ham Toast	
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Hawaiian Baked Ham Brussels Sprouts Whipped Sweet Potatoes	Chicken Pot Pie w/ Tossed Salad w/Dressing	Swedish Meatballs Harvard Beets Egg Noodles	Open-Faced Roast Pork Sandwich	Crispy Baked Chicken	Honey Garlic Shrimp Tossed Salad w/Dressing	Sloppy Joe on a Bun Country Vegetable Blend	Breakfast
Dinner Roll/Bread	Deluxe Fruit Salad	Rosemary Dinner Roll	Herbed Green Beans	Sauteed Spinach	Rice Pilaf	French Fries	Scrambled Eggs Breakfast Ham Toast
Pineapple Upside Down Cake	Meatballs w/Gravy Broccoli Florets	Mashed Potatoes	Mashed Potatoes	Macaroni & Cheese	Dinner Roll/Bread	Double Chocolate Brownie	
Lemon Pepper Chicken Breast Buttered Whole Kernel Corn (veg) Parmesan Noodles	Biscuit	Smothered Turkey Patty	Lemon Cake w/Lemon Icing	Dinner Roll/Bread Pumpkin Pie	Vanilla Ice Cream		
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Grilled Two Cheese Sandwich	Butter Crumb Tilapia Fillet	Rancher's Chicken Thigh	Baked Ziti w/Meatsauce	Philly Cheesesteak Sandwich	Cheese Ravioli w/Marinara Sauce	Kielbasa Sausage Braised Cabbage	
Creamy Cucumber & Onion Salad	Green Peas Baked Potato	Country Style Tomatoes	Steamed Broccoli Florets w/Lemon	Marinated Mixed Vegetable Salad	Seasoned Green Beans	Brown Sugar Baked Beans	
French Fries	Dinner Roll/Bread	Oven Browned Potatoes	Italian Herbed Dinner French Fries	Pineapple Tidbits	Garlic Bread	Dinner Roll/Bread	
Tomato Soup	Blondie	Cornbread	Roll	Tropical Fruit Salad	Mandarin Oranges	Maple Apple Crisp	
Chilled Pears	Glazed Baked Pork Chop	Peanut Butter Cookie	Chicken Tenders				
Hamburger Steak Capi Vegetable Blend Buttered Rice Dinner Roll/Bread	Sliced Carrots Parsley Rice	Thin Crust Cheese Pizza Parsley Cauliflower	Seasoned Whole Kernel Corn (veg) Buttered Rice Dinner Roll/Bread	Egg Salad Sandwich Green Pea Salad Potato Chips	Turkey Burger on a Bun Seasoned Beets Tater Tots		

Kimberly Hall North (HSG)

Week-At-A-Glance

hcsg2northern2022-23 Week 4

Regular	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Baked Cheese Omelet	Apple Cinnamon French Toast	Bacon	Scrambled Eggs w/Cheese	Biscuit Hashbrown	Scrambled Eggs Glazed Cinnamon Roll	Egg & Cheese	Buttermilk Pancakes Sausage Patty
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Parmesan w/ Roasted Broccoli Florets	Breaded Fish on a Bun	Seasoned Green Beans	Encrusted Pork Loin Roast Brussels Sprouts	Braised Beef Round Honey Roasted Carrots	Thin Crust Cheese Pizza Tossed Salad w/Dressing	Baked Tilapia Florentine	Chicken Bolognese Sauce w/ Herbed Green Beans Dinner Roll/Bread Chocolate Ice Cream
Dinner Roll/Bread Chilled Peach Parfait	Potato Wedges Chocolate Cake w/ Peanut Butter Frosting	Au Gratin Potatoes Dinner Roll/Bread Butterscotch Pudding Parfait	Garlic Roasted Red Skin Potatoes Dinner Roll/Bread Brown Sugar Glazed Angel Food Cake	Garlic Bread Fruit Cocktail	Rice Pilaf Dinner Roll/Bread Dutch Apple Pie w/Crumb Topping	Rice Pilaf Dinner Roll/Bread Hamburger Steak w/Grilled Onions Spinach Mashed Potatoes	Tomatoes Delmonico Dinner Roll/Bread Chocolate Ice Cream
Meatballs w/Gravy Seasoned Beets Mashed Potatoes	Marinated Chicken Thigh Sautéed Spinach Rice Pilaf Dinner Roll/Bread	Seasoned Green Peas	BBQ Chicken Breast Broccoli Florets Parsley Noodles	Turkey Burger on a Bun Roasted Brussels Sprouts Tater Tots	Baked Macaroni & Cheese Capri Vegetable Blend		
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Grilled Ham & Cheese Sandwich	Salisbury Steak Sliced Glazed Carrots	Creamy Coleslaw Tater Tots	Cheese Lasagna Parmesan & Herb Roasted Cauliflower Italian Herbed Dinner Roll	Shredded Pork on a Bun Braised Cabbage French Fries Sliced Pears	Chicken Tenders Winter Vegetable Blend Macaroni & Cheese Dinner Roll/Bread Snickerdoodle Cookie	Homestyle Meatloaf w/Ketchup Glaze Peas & Carrots Mashed Potatoes Dinner Roll/Bread Peach Crisp	Hot Dog on a Bun Confetti Coleslaw Tropical Fruit Salad Tuna Melt Sandwich Parsley Cauliflower French Fries
Chocolate Chip Cookie	Dinner Roll/Bread Pineapple Tidbits	Cookie	Deluxe Fruit Salad	Cheese Ravioli Breaded Chicken on a Bun	Capi Vegetable Blend w/Marinara Sauce Dinner Roll/Bread	Sage Herbed Pork Chop Seasoned Beets Herbed Rice	
Smothered Turkey Patty	Garlic Baked Pork Chop Whole Kernel Corn (veg) Mashed Potatoes	Green Peas Buttered Noodles	Oven Browned Potatoes		Smothered Steak Whole Kernel Corn (veg) Oven Browned Potatoes		